

Cedar Ridge Camp Meal Options

Breakfast

All meals served with orange juice and 1% milk.

1. Uncle Elmer's Breakfast
 - Scrambled Eggs
 - Bacon
 - Cereal
 - Toast and Jam
 - Apples
 - Oranges
 - Bananas
 - Cantaloupe
2. High Ropes Breakfast
 - Muffins
 - Bagels and Cream Cheese or American Cheese
 - Cereal
 - Toast and Jam
 - Cantaloupe
 - Grapes
 - Apples
 - Oranges
 - Bananas
3. Speedy Breakfast
 - Two Pancakes / Sausage on a stick with syrup
 - Cereal Toast and Jam
 - Apples
 - Oranges
 - Bananas
 - Cantaloupe

Lunch / Dinner

All meals served with soft drinks or kool-aid and water or 1% milk.

1. Box / Tray Lunch
 - Subway Ham or Turkey Sandwich with American Cheese and Lettuce / Tomato
 - Baked Chips
 - Fruit
 - Cookies
2. Hamburger
 - French Fries or Tots
 - Salad and Dressing
 - Cookies
3. Pizza
 - Garlic Bread
 - Salad and Dressing
 - Rice Crispy Treats
4. BBQ Grilled Boneless Chicken
 - Broccoli
 - Rolls
 - Salad and Dressing
 - Ice Cream
5. Lasagna
 - Garlic Bread
 - Salad and Dressing
 - Ice Cream
6. BBQ Pork Sandwich
 - Corn
 - Carrots and Celery sticks with Ranch Dressing
 - Rice Crispy Treats
7. Chicken Tenders
 - Mac and Cheese
 - Green Beans
 - Salad and Dressing
 - Cookies