

Cedar Ridge Camp Outdoor Education Offerings

Classes

American Indian Lore

The students will hear about the history and culture of American Indians from areas in Kentucky and learn various dance steps used in traditional celebrations and/or create a Cherokee game to keep. They will also be introduced to how American Indians live now.

Bug Safari

Learn about the vast world of bugs! Students will identify different kinds of bugs located on the grounds of Cedar Ridge, view our bug collection, and identify various insect habitats around Cedar Ridge Camp.

CSI: Cedar Ridge

Students will learn to read the forested landscape by investigating various natural clues, which explain the historical use of the land and the ways the land came into being. They will walk through the forest searching for clues that show the age of natural features, and the various states of the land on its journey to the present. Students will have the opportunity to count the rings on tree stumps to determine age and growth rate.

Introduction to Orienteering

The students will learn the basics of orienteering, including how to use a map, compass, and GPS to navigate between various locations at camp. This class helps children to better understand how a map symbolically represents the features of the natural landscape.

Settler Toys

Children will better appreciate the lives of kids 200 years ago as they craft their own personal doll/action figure from natural cornhusk. They will discover how kids in the past used their imaginations and common objects around the home to create toys and entertain themselves. Students will also discover their connection to the past through commonly played games that we still play today.

Trekkin' Thru the Trees

Classes will hike through Cedar Ridge, identifying the different flora and fauna, and searching for animal tracks. Children will take home a card designed to help them identify and measure animal tracks generally found in Kentucky.

Recreational Activities

Archery

Kids will learn the fundamentals of archery, with a strong emphasis on safety. They will be using 20-pound re-curve bows and have the opportunity to try for a bulls-eye!

Canoeing

Students will learn proper canoeing procedure, with a focus on safety. The students will get the chance to canoe around the lake, working together to steer and propel themselves to and from the dock. Life jackets are provided, and required, for this activity.

Fishing

Children will learn the basics of fishing with a cane-pole, including baiting the hook, "casting" the line, as well as information on the types of fish in the Cedar Ridge Lake.

Hayride

The students will enjoy a leisurely ride around the camp's 64 acres. They will learn what early Settlers would have looked for in a homestead location, see invasive species, and learn about the various features of the camp landscape.

Team-Building Options

Low Ropes / Team Challenge Course

Participants will spend several hours working together as a group to overcome 16 static elements nestled in the trees at Cedar Ridge. Elements are designed to encourage communication, problem-solving, and cooperation. (Ages 10 and above.)

High Ropes Course

Located 30-40 feet above ground in the canopy of Cedar Ridge Camp you will find the challenging High Ropes course. Designed for both individual and groups to learn to trust each other, the equipment and themselves. (Ages 13 and above.)

Team-Building Games/Activities

Play games and activities designed to create group cohesion and reinforce communication. These activities will put a smile on the face of the kids and help them to see and experience goal of working together as a team.

Zip Line

Thrill your group as you travel over 30 feet in the air on our 900' long zip line. Soar over the lake and take in the beauty of Cedar Ridge, while being safely harnessed to the zip-line. (Ages 13 and above.)

Holidays Around the World

Chinese New Year

The kids will learn about Eastern Asian holiday customs, with an emphasis on the Lunar New Year. Students will also make a dragon puppet.

Germany

The students will hear about the origin of the Christmas tree and Saint Nicholas, as well as other German traditions. They will each make a classroom Christmas ornament and sing German songs, like "O Tannenbaum" and "Silent Night".

Hanukkah

Children will hear about the Jewish holy days of Hanukkah. They will see a menorah, hear a blessing, and play the dreidel game - and they get to take home their own Hanukkah dreidel!

Kwanzaa

Kids will hear about the history of Kwanzaa and learn the importance of this celebration to those with African-American heritage. They will make and take home a bracelet representing the Kwanzaa colors.

Mexico

Students will hear about La Posada and other Mexican customs. They will stage a reenactment of La Posada and participate in the Piñata game - taking home some candy.