

# *Cedar Ridge Camp*

## *Summer Camp*

### *Parent Handbook*



A quality summer camp for children ages 7-14 and leadership program for ages 15-17

Cedar Ridge Camp  
4010 Old Routt rd. Louisville, KY 40299 | [www.cedarridgecamp.com](http://www.cedarridgecamp.com) | 502-267-5848

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# Welcome to Cedar Ridge Summer Camp 2025

We are excited to welcome your child to Cedar Ridge Camp! This handbook provides important information about our camp policies, daily operations, and safety measures to ensure your camper has an enriching and memorable experience.

Mission & Philosophy

## Cedar Ridge Camp Mission

Cedar Ridge Camp is a mission and ministry of the Presbytery of Mid-Kentucky, fostering connections between people, nature, and God.

## Our Staff

Our staff members are carefully selected and extensively trained to ensure your child's safety and well-being. They are CPR/AED certified and meet all state licensing requirements. Background checks and reference verifications are performed to ensure a safe environment for your camper. Our goal is to create a supportive and engaging atmosphere where campers can thrive.

## Staff-to-Camper Ratios:

Ages 6-8:

Day Camp: 1:8

Overnight Camp: 1:6

Ages 9-14:

Day Camp: 1:10

Overnight Camp: 1:8

# Our Camp Programs

Cedar Ridge Camp offers a variety of fun-filled, engaging programs for all ages. From arts and crafts to water activities and leadership training, our campers will find something to love.

## Camp Dates

### Day Camp Dates:

Art Week: June 2-6

Water Week: June 9-13

Creature Safari: June 16-20

Bon Appetit: June 23-27

*No Camp during the week of July 4th*

Nature Week: July 7-11

Mad Science: July 14-18

Mystery Week: July 21-27

### Overnight Camp Dates:

Art Week: Ages 8-14, June 1-5

Water Week: Ages 8-14, June 8-12

Night Owl Week: Ages 8-14, June 15-19

Camp Awesome: Ages 8-14, June 22-26 (Final week of overnight camp)

## Leadership Programs

### Venture Camp

Ages 14

June 8 - June 26 (3 weeks, weekends at home)

A beginner leadership program offering opportunities to try leadership skills, including the zip line and canoeing.

### CIT Program

Ages 15-16

June 8 - June 26 (3 weeks, weekends at home)

Learn leadership skills at camp while building confidence and a strong spiritual foundation.

## Camp Logistics

### Drop-Off & Pick-Up

Day Camp: Monday-Friday, 9:00 AM - 5:00 PM

Overnight Camp: Sunday, 5:00 PM - Thursday, 7:00 PM

### Sign-In/Sign-Out Procedures

An authorized parent/guardian must sign in/out the camper at the drop-off and pick-up locations. Photo ID will be required to verify authorized individuals.

### Transition Times

Please allow extra time during pick-up and drop-off to ensure proper sign-in/sign-out procedures. We prioritize safety and thank you for your understanding.

### Early Pick-Up

If you need to pick up your child early, please notify the camp director in advance and provide a signed note specifying the time and date of early departure.

### Late Fee Policy

A \$1 fee will be charged for every minute past the scheduled pick-up time. After 30 minutes, emergency contacts will be called to arrange pick-up.

# Sample Daily Schedule

## Day Camp:

9:00 AM - Sign-in & Energizers  
10:00 AM - Camp Activity (Canoeing, Archery, etc.)  
12:30 PM - Lunch  
1:00 PM - Bible Study  
1:30 PM - Pool Time  
3:30 PM - Theme Activities  
5:00 PM - Pick-Up

## Overnight Camp:

8:00 AM - Wake Up  
9:00 AM - Breakfast  
10:15 AM - Activities  
12:30 PM - Lunch  
2:00 PM - Pool  
6:00 PM - Dinner  
9:15 PM - Campfire  
11:00 PM - Lights Out

# Preparation for Camp

## What to Bring

### Day Camp

Lunch  
Labeled refillable water bottle  
Swim gear (swimsuit, towel, goggles)  
Sunscreen  
Insect repellent  
Hat

## Overnight Camp

Labeled refillable water bottle  
Swim gear  
Sleeping bag, linens, and pillow  
Flashlight with extra batteries  
Clothing for the week  
Sturdy, closed-toe shoes  
Insect repellent  
Sunscreen  
Prescription medications (in original labeled bottles)

## Items Not Allowed at Camp

Slime, trading cards, and collectibles  
Electronics (*cell phones*, tablets, gaming devices)  
Aerosol sprays  
Valuables or cash (use the Camp Store Account for purchases)

***\*Only Volunteers and Counselors are allowed Cell Phones at Camp.***

## Before You Leave Your Camper

Please let us know about any medical or communication needs, sleep habits, and hygiene concerns. This helps us better care for your camper.

## Camp Policies & Procedures

### Camp Store

The camp store opens during pool time. All camp store purchases must be made through the online Camp Store Account on CampBrain—*no cash accepted*.

### Field Trips

Campers will go on various field trips throughout the summer. Parents must send their children with the camp t-shirt, and spending money (if desired) should be sent via the Camp Store Account.

## Lost & Found Policy

Label all personal items with your child's name. Cedar Ridge Camp is not responsible for lost or stolen items.

## Child Protection Procedures

Our staff undergoes child protection training, and we adhere to a strict buddy system ("rule of 3"). Staff members are prohibited from working one-on-one with youth outside camp.

## Health Policies

A record of immunizations, including a tetanus shot, must be on file. All medications must be signed in by a parent and provided in its original packaging.

## Lake/Pool Activities

Canoeing: Coast Guard-approved life jackets are required.  
Swimming: Non-swimmers wear life jackets in the shallow end.

## Medications

All medication must be given directly to camp staff in the original container. Medication forms must be completed by parents.

## The Sun & Sunscreen Policy

Campers are encouraged to bring sunscreen, a water bottle, and protective gear (hats, sunglasses, SPF clothing). Campers are required to use sunscreen with SPF 25+.

## Injuries & Illness at Camp

If your child is injured or becomes ill, we will notify you immediately. If a camper is sick, please keep them home to protect the health of all campers.



## Behavior & Discipline

We promote values of caring, honesty, respect, and responsibility. Misbehavior is addressed with warnings, timeouts, and in severe cases, parents will be notified. Serious misconduct may result in the camper being sent home.

## Child Abuse Policy

All staff members are trained to report suspected abuse or neglect. Staff are protected by law when making such reports.

## Mail

The address for camper mail is: **[Camper Name]  
C/O Cedar Ridge Camp  
4010 Routt Road  
Louisville, Ky 40299**

Camper email: **[mysummercamper@cedarridgecamp.com](mailto:mysummercamper@cedarridgecamp.com)**

Under the subject line should be the recipient's name and the week they are attending. The camper will not be able to respond via email.

The office telephone number is: **502-267-5848**

The office fax number is: **502-416-1220**